

Inside Performance Courses 2012

Course	Length	What is it?	Included in booking
<p>Introduction to NLP for Sport & Performance ABNLP Approved No pre-requisite to attend Ideal for all</p>	2.5 Hours	<ul style="list-style-type: none"> • An entertaining & insightful introduction to the why, what, and how of NLP in Sport • A relaxed and informal opportunity to ask YOUR questions and meet the experts • Find out how NLP can benefit you & your sport 	<ul style="list-style-type: none"> • 2.5 hour talk and questions • Teas & Coffees • See course description
<p>NLP for Sport Workshop ABNLP Approved No pre-requisite to attend Ideal for all</p>	1 day	<ul style="list-style-type: none"> • A hands-on day, full of information and practical tools and techniques • Ideal for anyone wanting to dip their toe into NLP and Sport Psychology and come away with lots of material they can use straight away 	<ul style="list-style-type: none"> • 1 day practical workshop • All materials • CPD Certificate of Attendance • Teas, coffees and lunch • See course description
<p>NLP for Sport Diploma ABNLP Approved No pre-requisite to attend Ideal to take learning further & for anyone struggling with time commitments</p>	3 days	<ul style="list-style-type: none"> • A fantastic opportunity for time limited individuals to advance their NLP knowledge • Provides total flexibility as you take the first three days of the sport practitioner and can add blocks two and three at a later date if you wish • Three full days of top quality material and delivery, providing unequalled breadth and depth of NLP for Sport • FULL NLP practitioner materials supplied with the diploma for your continued learning at home • CPD certificate of attendance • See additional notes below on upgrading to fully certified practitioner 	<ul style="list-style-type: none"> • NLP for Sport Diploma • NLP & Sport Psychology Home Learning as Pre-Learning • Attendance certificate can be updated to fully accredited practitioner with additional training • Teas, coffees and lunch • See course description

<p>NLP Practitioner for Sport ABNLP Approved No pre-requisite to attend Ideal for anyone in Sport serious about personal & professional development</p>	<p>9 days (3 x 3 x 3 days)</p>	<ul style="list-style-type: none"> • This course is <i>the</i> Market Leader in NLP for Sport • Open to individuals involved in sport at <i>all</i> levels: coaches, athletes/players, health & fitness professionals, trainee & qualified sport scientists, sport psychologists, chiropractors • Course split into 3 blocks for a less intensive learning experience • Sport Specific pre-learning materials designed by Inside Performance to enhance your learning • We also offer this as an in-house programme for governing bodies 	<ul style="list-style-type: none"> • NLP Practitioner for Sport Training & certification • NLP & Sport Psychology Home Learning as Pre-Learning • Time Line Therapy™ Training + manual + certification • Introduction to Hypnosis in Sport Training + manual + certification • Teas, coffee and lunch
<p>NLP Practitioner for Sport (Intensive) 7 consecutive days ABNLP Approved No pre-requisite to attend Ideal for anyone in Sport serious about personal & professional development</p>	<p>7 days*</p>	<ul style="list-style-type: none"> • As above but a 7 day intensive – ideal for individuals travelling from overseas or those looking to complete their training in one go • We also offer this as an in-house programme for governing bodies <p>* This course is an on-demand course. Please register your possible interest with us and we can keep you informed of specified dates</p>	<ul style="list-style-type: none"> • NLP Practitioner for Sport Training • NLP & Sport Psychology Home Learning as Pre-Learning • Certificate as NLP Sport Practitioner • Teas, coffees and lunch • See course description
<p>NLP Performance Practitioner ABNLP Approved No pre-requisite to attend</p>	<p>9 days (3 x 3 x 3 days)</p>	<ul style="list-style-type: none"> • An open approach to NLP, using our expertise from Sport to drive performance across the board • Non Sport Specific, with a greater emphasis on business & life coaching skills • For individuals and teams focused on personal & professional results from all backgrounds • Learning how top performers use NLP to operate at the top of their field • We also offer this as an in-house programme for companies 	<ul style="list-style-type: none"> • NLP Practitioner Training • NLP & Performance Psychology Pre-Learning • Time Line Therapy™ Training + manual + certification • Certificate as NLP Practitioner • Teas, coffees and lunch • See course description

<p>NLP Master Practitioner</p> <p>ABNLP Approved</p> <p>Require NLP Practitioner Certificate from an approved training company. If unsure, please give us a call 020 8398 2127</p>	<p>14 days (4 x 4 x 3 x 3 days)</p>	<ul style="list-style-type: none"> • For people who have experienced the power of NLP through the completion of a practitioner • Advances your personal and professional skills • Offers new ways to use your existing NLP skills and introduces more advanced tools and techniques as well as expanding approaches to thinking and performance 	<ul style="list-style-type: none"> • Advanced Master Practitioner Training + Manuals • Advanced Time Line Therapy™ Training + Manual • Advanced Hypnosis Training + Manual • 3 Certificates (NLP Practitioner, TLT™ & Hypnosis) • Teas, Coffees & Lunch • See course description
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Dates of 2012 courses

Course	Dates	Venue	Further Details
Introduction to NLP for Sport & Performance	20 th March; 02 nd May; 10 th Sept	www.warrenhouse.com Kingston upon Thames	+44 (0) 208 398 2127 jo@inside-performance.com
NLP for Sport Workshop	July 2012 (tbc); Sept (tbc); Nov (tbc) 2012 Please register your interest	To be decided	+44 (0) 208 398 2127 jo@inside-performance.com
NLP for Sport Diploma	19-21 st Mar 2012 (Full) 11-13 th June 2012 24-26 th Oct 2012	www.warrenhouse.com Kingston upon Thames	+44 (0) 208 398 2127 jo@inside-performance.com
NLP Practitioner for Sport (9 days)	19-21 Mar; 16-18 Apr; 2-4 May 2012 (full) 11-13 June; 25-27 June; 18-20 July 2012 24-26 Oct; 14-16 Nov; 5-7 Dec 2012	www.warrenhouse.com Kingston upon Thames	+44 (0) 208 398 2127 jo@inside-performance.com
NLP Performance Practitioner (9 days)	24-26 Sept; 15-17 Oct; 5-7 Nov 2012	www.warrenhouse.com Kingston upon Thames	+44 (0) 208 398 2127 jo@inside-performance.com
NLP Master Practitioner	9-12 Sept; 30 Sept-3 Oct; 28-30 Oct; 11-13 Nov 2012	www.warrenhouse.com Kingston upon Thames	+44 (0) 208 398 2127 jo@inside-performance.com

Notes:

1 day workshop – dates and venues to be confirmed by mid April. Please register your interest with Jo to have priority booking.

3 day diploma - By attending this 3 day diploma you can attend the remaining days of any Inside Performance NLP practitioner by booking for the days/blocks needed to upgrade to a full practitioner certification. Please see full T & C for details

NLP Master Practitioner - You can attend the NLP Master Practitioner once you have successfully completed an NLP Practitioner course with an approved training company. A copy of your NLP Practitioner certificate will be required if you did not complete with Inside Performance.

2013 dates will be available from June onwards.

For details on prices and course availability, please contact us on 020 8398 2127 or email jo@inside-performance.com or alison@inside-performance.com