



**Inside Performance™**

Enhancing performance for Sport...Business...Life



# The Inside Performance™ NLP Master Practitioner

ABNLP Accredited



## 5 top reasons for taking an NLP Master Practitioner Programme with Inside Performance™

- Learn hands-on how specifically to model excellence by completing your own modelling project in an area of your choice – great opportunities for application in Sport and Business!
- Accredited and Certified CPD for your professional development and greater business opportunities
- Investment in personal development, enjoyment and a sense of achievement through the Personal Breakthrough Coaching techniques
- Significantly enhance your NLP knowledge and delivery for increased scope and practical application
- Benefit from trainers not only qualified in NLP, but are also experienced and accredited Psychologists, Sport Scientists and Coach Educators that can provide a training in both depth and breadth that is second to none!

## Do I need any prerequisites to attend this course?

Apart from an open mind, a sense of curiosity, and a desire to have fun whilst you're learning you will need to be a **qualified NLP Practitioner** from an approved NLP training company. (Please contact us if you're not sure).

Not only do you get a certification as a **Master Practitioner in NLP** but we also include as part of the programme the **Master Practitioner Time Line Therapy™ Certification**, and the **Advanced Hypnosis Certification**.

Also, as we offer two additional certifications at Master Practitioner level in TLT™ and Hypnosis, you will also need to be a qualified Practitioner of TLT™ and Hypnosis, and if you're not, then no problem! Please contact us on **020 8398 2127** and we can tell you how to get the necessary certification in time.

## Why take an Inside Performance™ NLP Master Practitioner course?

You already know the benefits NLP can bring, and you're looking to refine, develop and advance on the skills learnt at Practitioner level. You also want a programme that is comprehensive, practical and developed with the learner in mind. If you did your Practitioner with Inside Performance™, you know that the attention and focus provided is world class, and if not, then this is a great opportunity to train with committed trainers and delegates that have a strong emphasis on sport and performance, and working with themselves and others to achieve outstanding results, both personally and professionally. Our course is fully approved by the ABNLP, and as such your qualification will be recognised the world round for **Sport... Business...Life.**



## Just some of the skills and benefits you will learn on the Inside Performance NLP Master Practitioner course include...

### Modelling and replicating excellence

What are the key elements of modelling excellence? Exploring effective modelling techniques. Learn how to utilise, design and install strategies with even more flexibility and purpose. Develop your abilities as an NLP modeller by working on your own Master Practitioner Modelling project

### Values

Why values are so important in our lives, identify what drives us day-to-day and how to ensure values are aligned to create long-term change, happiness and fulfilment in life

### Exploring unconscious personality drivers with Meta Programmes

Discover our most unconscious filters and how they determine our behaviour and characteristics. Learn how to use, identify and utilise these fascinating aspects of our personality in personal and professional contexts. Great for really understanding what makes people tick and building strong relationships with your athletes and clients

**Creating an impact with advanced language patterns** and becoming more **elegant with conversational change** – moving from technician to artist when facilitating change

Expanding your thinking with **quantum mechanics and mind-body thinking** – how 'how we think' influences our lives and what would happen if we thought differently

**Presenting with impact**, knowing how to effectively design trainings and presentations to communicate your message with clarity and ease for maximum results

**Handling objections easily and advanced reframing** via Sleight of Mouth Patterns and advanced patterns of hypnotic language

**Mastering NLP coaching**, via working one-on-one with **personal breakthrough sessions**, great for understanding how to work through challenging issues with your players and clients, as well as a golden opportunity for personal development

**Certification at Master Practitioner Time Line Therapy™** – take your TLT™ skills further with advanced techniques to assist with more positive health and emotional functioning, and get rid of negative emotions, limiting decisions and Create the Future® you want

**Master Hypnotist Certification** Learn the range of induction techniques of Erickson, Elman and Estabrookes from indirect permissive through to direct authoritarian. Use the general healing paradigm to work with health-related issues. Use your hypnosis skills to work with a wider range of sport performance issues, habits, addictions and add this powerful technique to your coaching, NLP, one-to-one and group work

## Who is this course for?

Basically anyone looking to achieve all the above and more! Inside Performance™ programmes deliver not only the necessary syllabus to achieve NLP Master Practitioner Certification, but we also go beyond in both content and enjoyment to ensure you get a great learning experience, in a safe and fun learning environment.



## Plus the additional benefits an Inside Performance™ course brings...

- **Strong sport emphasis**, great for anyone who is passionate about their sport, working in the area or keen to network with people from a sporting background
- **Personal attention throughout the programme**, as you would expect training with Inside Performance™
- **Friendly and approachable** working environment with lots of fun along the way too
- A course that's **split into 4 easy learning blocks**, with time in between each to evaluate and assimilate what you've learned so far
- **Training manual and supporting materials** that are specifically designed for the course and unique to Inside Performance



## Introducing Warren House!

We've invested in a new, premium venue which reflects the values and beliefs we hold about delivering a premium programme for you!

Situated just 5 miles South West of Central London, in Kingston-upon-Thames, within easy reach of Heathrow and Gatwick airports, and on the mainline from London Waterloo, this superb country house is set in magnificent 4 acre gardens, and offers state-of-the-art conference and meeting facilities. Combined with superb accommodation, outstanding cuisine and complimentary leisure amenities, we think this is the ideal place to support our delegates learning.

### Included on the Inside Performance™ NLP Master Practitioner programme at Warren House...

- All supporting materials and accreditation certificates at NLP Master Practitioner, Master Practitioner in TLT™ and ABH Master Level Hypnosis
- Water, Teas, Coffee and Biscuits throughout the day
- Fresh Fruit
- Daily, 3 course hot and cold buffet lunch
- Full use of the grounds and leisure facilities, including the gym, sauna and swimming pool
- Reduced price for overnight accommodation

## Who will be training on this programme?



Your main trainer will be Louise Deeley, a Certified ABNLP Trainer of NLP and TLT™, BPS Chartered Psychologist and a successful Performance Coach, Clinical Hypnotherapist and BASES Accredited Sport Psychologist.

At Inside Performance™ we will only use experienced and certified trainers of NLP for our Master Practitioner. This means you are learning and experiencing NLP from trainers who incorporate the attitudes, methods and behaviours of NLP in their own lives as a priority, ensuring integrity, ethics and a belief based on personal experiences in the results that NLP can bring.

## How do I book?

Simply give us a call on **020 8398 2127** or drop us an email at [hello@inside-performance.com](mailto:hello@inside-performance.com) and we'll help you with any questions you may have and make all the necessary arrangements for you.

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