

Testimonials from NLP Sport and Open Practitioner Programmes

NLP For Sport Practitioner Programme

"Excelling in the pursuit of excellence! Hard work that is definitely worth it. Countless models that will be invaluable for both Sport and personal life. I urge you to do this course!"

**Darren Warner,
British Judo Association, High Performance Coach**

"I found the course thought provoking, challenging and rewarding on a personal and professional level"

**David Hamer,
World Class Para- Dressage Start and Potential Discipline Co-ordinator**

"Very interesting material delivered at a good pace with outstanding relevance to high performance sport, in a safe learning environment. The course content and the experience and teaching style adopted by Louise have made a significant impact on my thoughts and feelings towards my role as a PD and how I interact with athletes and coaches to improve performance"

**John Anderson,
Performance Director,
Olympic Programme, British Canoe Union**

"Material challenges and forces you to re-consider, change and challenge the limitations you've held about beliefs, what you can do and what others can do. This has given me a completely fresh and exciting outlook."

Bruce Lyon, UK Sport

"One of the best training courses I have done. First rate tutor, good content and skills work. I both enjoyed and learnt from the course and I feel I have new skills now that I can use on a day to day basis."

Bill Furniss, British Swimming

"Brilliant! I can't believe that I have learned so much about myself, my players and my mind! This stuff is invaluable to sport and I only hope that more coaches staff. Thanks a million - UEFA A here I come!!"

J.M. - Football Coach

"Comprehensive course content, new and challenging practical skills, engaging and helpful course tutor and most of all extremely thought provoking"

**Arran Peck,
Strength and Conditioning Coach, English Institute of Sport**

"An enlightening experience that has made a significant impact on my life"

**John Dargie,
TRIATHLONSCOTLAND, National High Performance Coach**

"Very positive, thought provoking and I learnt some excellent tools to add to my armoury as a coach."

Keith Webb, Football Coach

"I was blown away by how powerful & simple these techniques are and how beneficial the techniques are to the individual. The course was extremely fluent, interesting and inspirational. The content was delivered exceptionally well, influencing us positively. I shall be using NLP for a lifetime!!"

**Chris Boado,
Personal Trainer, Tennis Coach & Martial Artist**

"Fantastic energy and balanced delivery that allows for all to learn at their own pace, and the individual attention brings it all together. Thoroughly enjoyable and beautifully delivered."

**Malcolm Frame,
Sport Psychologist and Head of Education,
Southampton FC Academy**

"An excellent introduction to NLP, especially with Louise's sporting knowledge and experience. This is a great starting point for me to develop deeper knowledge and expertise in the area of Sports Coaching and using NLP techniques"

**Piers Robinson, Head Coach,
Mortlake Anglian & Alpha Boat Club**

"A fantastic experience, delivered in a way that was understandable and enjoyable"

“ This course has changed my life. I now look at my environment in a completely different way. Louise is very thought provoking and enables you to learn all the material with a certain ease and enjoyment. If only everyone could have this training!”

Steve Gladding UK Sport (British Diving)

“The course is totally amazing, really enlightening. A Thoroughly recommended life changing experience”

**James Hollman,
GK Coach, Norwich City FC**

“Life changing and reinforcing”

Sport Psychologist

“Course Content: *First Class; Comprehensive.*

Delivery: *Clear; Varied approach.*

Style: *Professional; supportive; humorous; effective; approachable.*

Usefulness: *Extremely useful both professionally and personally.”*

**Doreen O’Carroll,
Lecturer Forth Valley College**

“This course has been the catalyst to change my life!”

“Such a positive and fantastic learning experience which is about so much more than sport!. Will have you captivated and wondering about how you have managed without such a fantastic set of life skills....until now!”

Louise Broda, (Physiotherapist)

“Out of this world!”

Steve Dowse

*“ A fantastic learning experience which I thoroughly enjoyed.
It will be a huge benefit to my future work”*

**Mary Logue,
Irish U18 National Hockey Coach**

“The course gives you real, working techniques that make an impact to a person’s life, should they require it. The large amount of opportunities to practice the various techniques allows you to experience being practitioner and client and helps you to learn things about yourself that you never thought were there!”



**Richard Bedrock,
ICC Europe, Regional Development Officer**

“Transformational – an exceptionally high quality NLP course”

**Michele MacNaughton,
Ex International hockey player and trainee Sport Psychologist**



“From the perspective of learning, the best investment of time I have ever made”

“A real privilege to be part of the most dynamic and inspiring learning experience I have ever been involved in. Louise Deeley delivered the programme with professionalism, great knowledge and understanding of the world of elite performance sport and I would highly recommend the programme to any coach who is interested in becoming better”

**Gordon Lord,
Head of Elite Coach Development,
England and Wales Cricket Board**

“The practical nature and Louise’s style really allowed me to achieve maximum benefit from the course. It makes me feel excited about the new potential I feel I now have”.

**Kathryn Rudd,
Partnership Development Manager**

“The course was great. I enjoyed the content and with the excellent delivery it made for a very enlightening and useful experience”

Phil West, Olympic Talent Coach, British Cycling.

“Excellent course, very informative, explanations and patience very good”

Maggie Squires, Great Britain Archery Coach (JNR)

“All aspects of the course have been fantastic, initiated by the trainers style and humour. The interventions I have experienced have had a significant effect on me personally which will also impact on my professional work style and ability. Thank you for such a powerful and positive experience”.

Jenny Gretton, Olympic Talent Coach, British Cycling

“Although not always easy, the course has filled a hole in my understanding of coaching. Very well delivered, fully supported and inclusive”.

Clive Milkins, International Para Equestrian Performance Coach

“The course content was good, the delivery style was excellent, built good rapport within the group. About 70-80% of this content I will definitely use – Thanks”

Mr Bill Baillie, High Performance Coach, British Handball Association

“This course has had an immediate effect on me. The course was delivered clearly and confidently with a lot of help if you became confused or unclear. A very interesting and worthwhile experience”

or

“I found the course very helpful in giving me new skills and techniques for coaching now, and in the future. Although it is an intense 9 days, Louise’s presentation skills made it a good experience. Thank You!”

Nick Turner, British Eventing Accredited Coach

“Highly enlightening and Motivating!”

Keith Trenham, Performance Coach, Volleyball

“This course has given me the tools and ideas to improve my personal life which will in turn influence everyone I interact with in a positive way”

Jeremy Hayes, Olympic Talent Coach, BMX

“Very good, very interesting and well presented. The course has helped me in many different ways. The trainer was 1st class and I’m going to use my new techniques every day!”

Stephen Jennings, Taekwando High Performance Coach



Open Programmes

"I loved the practicality of the course, as I would! The small groups allowed for invaluable practice and experience of the skills that I feel is vital in order to take these skills and use them outside the training room"

**Mr Cameron Norsworthy,
Director of Active Adventures - the ultimate Adventure and Performance Club.**

"Initially I didn't think NLP was for me as I'd heard mixed responses, and combined with the 'performance' aspect I thought it would only be suitable for 'trendy' youngsters! How wrong I was! I really enjoyed my introduction to NLP and also really enjoyed your [Louise] wonderfully engaging humour, sense of fun and enthusiasm for the subject which really helped me to understand what this NLP might have to offer, even an 'oldie' like me! Thank you for your patience and I'll definitely be doing more NLP with you in the future!"

**Elsa Robertson,
Therapist and Charity Worker**

"I feel like I've learnt a new language!"

Suzi Spink, Management Consultant

"Now I understand myself more I can 'see' why accountancy was making me miserable! Thanks for unlocking the key and helping me move onto what I really want to do, not what I 'ought' to do!!"

**M. DeSousza,
Accounts Manager (but not for long!)**

"We were a small group, with the same trainer throughout. This produced a dynamic, personal and supportive learning environment. Louise Deeley's knowledge, enthusiasm, energy and commitment to her students made this the best training I have ever attended!"

**John Sullivan,
Sports Hypnotherapist and NLP Practitioner**

"Watching Louise work is inspiring. She brilliantly demonstrated how simple and powerful NLP is and how easily it can be applied in any situation. Louise's background as a University Lecturer really shines through - she showed a high level of patience and made sure each one of us understood the concepts, made them easy to understand and fun to apply. I learnt a lot about NLP on this course and about myself!"

Marie Truxler

"This course has taken me to a greater level in self awareness and coaching skills"

**John Grisby,
Performance Coach, DNA Performance**

"The course content and delivery allowed me to exceed all my goals - and learn many additional skills and insights. Louise's style is fun and professional. Delighted to have this knowledge in place for the rest of my life."

Ashley Whittaker, Consultant

"You (Louise) bond with people effortlessly, which in turn puts them at their ease. You have a good mix of assertiveness (when needed), motivation (in terms of your upbeat manner) and inspiration (in your stories and in your intrinsic belief that we could all be good practitioners). You deliver feedback in a manner that is motivational even when it is food for thought about how to improve. You are also an authentic person, which today in business it is normally quite difficult to see through the facade of the professional. Don't ever change that - it's very refreshing"

**Linda McAllister,
Business Psychologist, Director Three Way Thinking**

"Incredibly easy techniques to learn with phenomenal results, delivered in a fun yet professional way in an engaging style which has led to instant impact"

Joanna Donelan, Recruitment Manager



Inside Performance™

Enhancing performance for Sport...Business...Life